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## Confidential Application for Prospective Counselee

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: \_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Occupation: \_\_\_\_\_ Retired? \_\_\_\_ Student? \_\_\_\_

In emergency, notify: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Referred by: \_\_\_\_\_

Marital Status: Married \_\_\_\_ Never Married \_\_\_\_ Engaged \_\_\_\_ Separated \_\_\_\_ Divorced \_\_\_\_ Widowed \_\_\_\_

Name of Spouse (if applicable): \_\_\_\_\_

Please list the names and ages of all family members. (Including those deceased and year of death)

Name	Age	Comments
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Mother: \_\_\_\_\_

Father: \_\_\_\_\_

Brothers/Sisters: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your Children: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Questionnaire for an Individual Seeking Help in Understanding Life

**\*Mark any that describe areas of your life**

## 1. Traumatic Experience

\_\_\_\_\_ in childhood      \_\_\_\_\_ as a teenager      \_\_\_\_\_ in adulthood

### Of what kind?

- |                                    |                    |
|------------------------------------|--------------------|
| _____ sudden death of loved one    | _____ verbal abuse |
| _____ adoption                     | _____ miscarriage  |
| _____ shock due to accident        | _____ abortion     |
| _____ physical attack / abuse      | _____ divorce      |
| _____ psychological abuse          | _____ sexual abuse |
| _____ other (please specify) _____ |                    |
- 

## 2. Emotional Struggles, Conflicts and Conditions

\_\_\_\_\_ in family relationships  
\_\_\_\_\_ in relationships with other people  
\_\_\_\_\_ with myself

- |   |  |
|---|--|
| _____ self-pity                                     | _____ envy                                 |
| _____ pride   | _____ jealousy                             |
| _____ thoughts of suicide                           | _____ doubt                                |
| _____ anxiety                                       | _____ guilt                                |
| _____ depression                                    | _____ criticism                            |
| _____ rebellion                                     | _____ bitterness                           |
| _____ feeling ignored                               | _____ memory loss                          |
| _____ irrational fears / panic / phobias            | _____ irrational anger / rage              |
| _____ violent thoughts                              | _____ lying habitually                     |
| _____ self-punishment (mental _____ physical _____) | _____ irrational guilt / self-condemnation |
| _____ habit / condition (please specify) _____      |  |
- 

## 3. Destructive Behavior

- |   |   |
|---|---|
| _____ desire to do right (inability to carry it out)                    | _____ sudden personality and attitude changes |
| _____ compulsive sexual sins  | _____ lying compulsively                      |
| _____ irrational laughter   | _____ irrational crying                       |
| _____ lust  | _____ drinking                                |
| _____ stealing  | _____ drugs                                   |
| _____ temper  | _____ constant criticism                      |
| _____ gossip  | _____ blasphemy                               |
| _____ sudden speaking of a language not previously known                |   |
| _____ strong aversion toward Scripture reading and prayer               |   |
| _____ eating compulsively, bulimia, anorexia nervosa or gluttony        |   |
| _____ irrational violence (compulsion to hurt self and/or someone else) |   |
| _____ reactions to the name and blood of Jesus Christ                   |   |

## 4. Immoral Conditions

- |                     |                                    |
|---------------------|------------------------------------|
| _____ homosexuality | _____ premarital sex               |
| _____ lesbianism    | _____ incest                       |
| _____ bisexuality   | _____ indecent exposure            |
| _____ bestiality    | _____ pornography                  |
| _____ adultery      | _____ other (please specify) _____ |
-

**5. Occult Activity (Past or Present)**

- |  |   |
|--|---|
| <input type="checkbox"/> Hypnotism           | <input type="checkbox"/> Spirit Guides                |
| <input type="checkbox"/> Imaginary Playmates | <input type="checkbox"/> Spiritualism                 |
| <input type="checkbox"/> Horoscopes          | <input type="checkbox"/> Fortune Telling              |
| <input type="checkbox"/> Witchcraft          | <input type="checkbox"/> Palm Reading                 |
| <input type="checkbox"/> Tarot Cards         | <input type="checkbox"/> Ouija Boards                 |
| <input type="checkbox"/> Mormonism           | <input type="checkbox"/> Dungeons & Dragons           |
| <input type="checkbox"/> Satanism            | <input type="checkbox"/> Pacts with Satan             |
| <input type="checkbox"/> Seances             | <input type="checkbox"/> Astrology                    |
| <input type="checkbox"/> Buddhism            | <input type="checkbox"/> New Age Medicine             |
| <input type="checkbox"/> Eastern Religions   | <input type="checkbox"/> Masonic Lodge                |
| <input type="checkbox"/> Christian Scientist | <input type="checkbox"/> Hare Krishna                 |
| <input type="checkbox"/> Jehovah's Witness   | <input type="checkbox"/> Other (please specify) _____ |

**Do you ever experience any of the following symptoms?**

- |  |   |
|--|---|
| <input type="checkbox"/> Frequent or recurrent illness | <input type="checkbox"/> Addictions                         |
| <input type="checkbox"/> Sleeplessness                 | <input type="checkbox"/> Depression                         |
| <input type="checkbox"/> Fear                          | <input type="checkbox"/> Hearing voices                     |
| <input type="checkbox"/> Seizures                      | <input type="checkbox"/> Mood swings                        |
| <input type="checkbox"/> Supernatural power            | <input type="checkbox"/> Nightmares                         |
| <input type="checkbox"/> Extraordinary abilities       | <input type="checkbox"/> Lack of control of words / actions |

**6. Condemnation - Guilt**

- |   |  |
|---|--|
| <input type="checkbox"/> Past sins                    | <input type="checkbox"/> Fear of committing the unpardonable sin |
| <input type="checkbox"/> Divorce / remarriage         | <input type="checkbox"/> Abortion                                |
| <input type="checkbox"/> Other (please specify) _____ |  |

**7. Drugs (Past or Present)**

- |  |                                    |   |                                       |
|--|------------------------------------|---|---------------------------------------|
| <input type="checkbox"/> Alcohol         | <input type="checkbox"/> LSD       | <input type="checkbox"/> THC                          | <input type="checkbox"/> PCP          |
| <input type="checkbox"/> Methamphetamine | <input type="checkbox"/> Cocaine   | <input type="checkbox"/> Methedrine                   | <input type="checkbox"/> Pain killers |
| <input type="checkbox"/> Marijuana       | <input type="checkbox"/> Heroin    | <input type="checkbox"/> Glue sniffing                | <input type="checkbox"/> Morphine     |
| <input type="checkbox"/> Hashish         | <input type="checkbox"/> Nethadone | <input type="checkbox"/> Other (please specify) _____ |                                       |

**8. Negative Thoughts**

- |   |   |
|---|---|
| <input type="checkbox"/> Constant confusion in thinking   | <input type="checkbox"/> Horrible nightmares causing fear       |
| <input type="checkbox"/> Extremely low self-image   | <input type="checkbox"/> Violent thoughts (suicide, self-abuse) |
| <input type="checkbox"/> Inability to believe (even when the person wants to)   |   |
| <input type="checkbox"/> Mocking and blasphemous thoughts toward preaching / teaching of the Word of God                |   |
| <input type="checkbox"/> Perceptual distortions (perceiving anger, hostility from others when it does not really exist) |   |

**9. Medical Conditions**

- |   |   |
|---|---|
| <input type="checkbox"/> Seizures   | <input type="checkbox"/> Blackouts or fainting spells |
| <input type="checkbox"/> Pain (without justifiable explanation)   | <input type="checkbox"/> High blood pressure          |
| <input type="checkbox"/> Heart problems or heart disease (explain) _____  |   |
| <input type="checkbox"/> Sudden interference with bodily functions, (temporary) buzzing in ears, inability to speak or hear, increased hypersensitivity in hearing or touch, sudden chills or overheating of the body, dryness in mouth, numbness in arms or legs |   |
| <input type="checkbox"/> Allergies to any foods, dust or medication (explain) _____   |   |
| <input type="checkbox"/> Ever had a sexually transmitted disease  |   |
| <input type="checkbox"/> Are you currently using any medications? Please list them and what they are for:   |   |

## Briefly Answer the Following Questions

1. If you are a Christian, please describe your salvation or new birth experience:

2. Are you involved in a church? \_\_\_\_\_ If so, please give the name and denomination of your church:

Pastor: \_\_\_\_\_ Pastor's Phone Number: \_\_\_\_\_

May we contact your Pastor? \_\_\_\_\_ \*We will not disclose personal information to your Pastor without your permission. We simply want to work with your leadership, not against them.

3. Have you had previous counseling for emotional, mental, relational or spiritual problems? \_\_\_\_\_  
If so, please explain:

4. Describe your relationship with your father:

5. Describe your relationship with your mother:

6. Describe your relationship with your spouse:

7. Why do you feel the need for counseling?

### Statement of Responsibility for Liability

**I understand that at times Freedom Hills trains counseling interns and during our week of counseling there is a possibility of interns observing our session from another room. I willingly agree to have a prayer partner/intern, who is being trained, observe my session. I am aware that interns are required to go through a screening and application process as well as sign a statement of confidentiality.**

I understand that Freedom Hills will not be held responsible for any personal property left, lost or stolen from the premises during my stay at Freedom Hills. I also understand Freedom Hills will not be held responsible for any injury occurring to anyone while in the Freedom Hills program.

**I understand that the staff of Freedom Hills and those associated with them are not professional or licensed counselors, therapists, psychiatrists, medical or psychological practitioners, or if they are licensed in one of these areas, they are not practicing within this area.** I understand that the persons counseling me are "pastoral counselors" in the Christian faith, who are helping me assume my responsibilities in finding freedom in Christ.

I also understand that my pastoral counselor may need to intervene if he or she suspects that a child (under the age of 18) is currently endangered by abuse or if there is suspected dependent adult abuse or if I am a danger to myself or others.

**I also understand that I am free to discontinue this pastoral counseling at any time and am at the facility voluntarily.**

I release from liability the board of trustees and staff of Freedom Hills Ministries from any choice I make, or arising from the counseling services or guidance I receive.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_